Children with Special Health Care Needs Pool of Funds Guidelines Care Connection for Children Virginia Department of Health

Background

The Care Connection for Children (CCC) Network is a collaborative initiative between the Virginia Department of Health (VDH) and Regional Centers of Excellence for Children with Special Health Care Needs (CSHCN). Its mission is to develop and promote a system that serves children with special health care needs that is community-based, culturally competent, and coordinated care, delivered within comprehensive and integrated systems of services.

Each CCC center provides services to families using a multi-disciplinary approach including the professions of medicine, nursing, social work, education, insurance/eligibility, and advocacy. The team-based approach assists the family in "pulling together" medical personnel primary and specialty care, educators, and community resources to determine how children with special health care needs can reach their maximum potential.

The Children with Special Health Care Needs Pool of Funds provides a limited amount of money to assist Virginia's uninsured and underinsured children with special health care needs to receive care they otherwise could not afford. The Care Connection for Children Network receives Title V funds from the federal Maternal and Child Health Block Grant and state general funds. This is not an entitlement program. The following guidelines have been developed to allocate the funds to the children with the greatest financial need.

Criteria for Admission

Each CCC serves a designated region of the Commonwealth of Virginia and provides information and referral services to all callers requesting information regarding CSHCN.

Requirements for admission for ongoing case management are the following:

- 1. Resident of the Commonwealth of Virginia
- 2. Under the age of 21
- 3. <u>Diagnosed</u> with a physical disorder that has lasted or is expected to last at least 12 months; and produce one or more of the following sequelae:
 - a. Need for health care and ancillary services over and above the usual for the child's age, or for special ongoing treatments, interventions, or accommodation at home or at school;
 - b. Limitation in function, activities, or social role in comparison with health age peers in the general areas of physical, cognitive, and social growth and development;

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Persons with the following diagnoses do not meet criteria for CCC case management or Pool of Funds. Staff will make appropriate referrals to community resources for these children and their families.

Abnormal vision due to refractive error

Allergy/asthma

Cancer and tumors

Hemophilia and other bleeding disorders

HIV/AIDS

Sickle cell disease and other hemoglobinopathies

Mental health disorders

Developmental disabilities

Attention Deficit Disorder

Attention Deficit Hyperactivity Disorder

Autistic spectrum disorders

Developmental delay

Learning disabilities

Mental retardation

Covered Services

Covered services under Pool of Funds distribution are services that are medically necessary for the treatment and monitoring of a covered condition. They include the following:

- 1. Durable medical equipment (limited to eye glasses, contact lenses, prosthetic eyes, hearing aids, nebulizers, insulin pumps, and orthopedic and urology appliances.).
- 2. Outpatient monitoring testing (laboratory, imaging, and audiology procedures).
- 3. Physician interpretation of outpatient diagnostic testing that has been preauthorized per service with the physician for payment at the Medicaid rate.
- 4. Physician-Specialist office visits with a maximum of four per year per specialty. In addition, the physician can charge the family a \$10 co-pay per visit.
- 5. Therapies (nutrition, occupational, physical, and speech).
- 6. Medications.
- 7. Metabolic formula as listed in the VDH formulary of approved metabolic formulas to treat selected heritable disorders and genetic diseases as listed by the Virginia Newborn Screening Services Program.

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- 8. Hospitalizations –Inpatient and Outpatient procedures (up to a maximum of \$10,000 at the Medicaid rate of reimbursement for each hospitalization and a lifetime maximum of \$30,000 for hospitalizations per child).
- 9. Dental orthodontic and prosthodontic appliances for children with maxillofacial conditions, which are defined as follows:
 - Covered conditions shall be limited to cleft lip, cleft palate, cleft lip and palate and congenital or acquired facial deformities including severely handicapping conditions such as Aperts, Treacher-Collins, craniofacial microsomias, prognathisms, tumors, Cruzon's Syndrome, Pierre Robin Syndrome, and short palate, as well as other mandibulofacial dysostosis. Tongue-tie is not a covered condition unless accompanied by mandibulofacial problem. Orthodontics without plastic surgery is not covered.
- 9. Vitamin supplementation. Any conditions in infants or children, which prevent them from taking in enough volume or intake to meet their Daily Required Intake needs for the vitamins, would warrant the recommendation of supplemental vitamins. Failure to thrive related to an organic cause leads to decreased volume or nutrient intake. Examples include:
 - a. Biliary atresia.
 - b. Congenital heart disease, particularly if it impacts total intake such that total formula volume is < 750 ml/day.
 - c. Renal disease (ESRD) in infants & children. They would take the Nephro-vites
 - d. Gastrointestinal anomalies leading to malabsorption, i.e., short gut syndrome
 - e. Cerebral Palsy for those children who have very low calorie needs due to their condition. So, when we restrict their PediaSure volume, for example, to prevent excess calories, we may indeed be restricting their vitamin intake. As such, they would benefit from a pediatric multivitamin, i.e., Poly-Vi-Sol or a crushed complete pediatric multivitamin (i.e., Flintstones Complete).
 - f. Cystic Fibrosis.
 - g. Chronic Steroid Therapy.
 - h. Chronic Inflammatory Bowel Disease.
- 10. Tympanostomy tubes insertion for children who have one or more of the following:
 - a. At least six episodes of acute otitis media in 12 months.
 - b. Persistent bilateral serous otitis media, greater than 3 months with hearing loss greater than 35 db.
 - c. Ear infections resulting in complications, such as mastoiditis, intracranial abscess, etc.
 - d. Chronic retraction or atelectasis of the tympanic membrane resulting in conductive hearing loss in excess of 35db.

Noncovered Services

Services that are not covered because of limited funds include:

- 1. Any other physician services not specified as covered elsewhere in this document.
- 2. Clinic or facility fees.
- 3. Cochlear implant and its accessories.
- 4. Wheelchairs and their repairs.
- 5. Chemotherapy and radiation.
- 6. Organ transplants.
- 7. Experimental or investigative medical and surgical procedures.
- 8. Dialysis.
- 9. Genetic testing and counseling, Hemophilia, HIV/AIDS, and Sickle Cell services that are funded through a different mechanism are not included in the CSHCN Pool of Funds.

Eligibility Requirements

Children must meet <u>all</u> of the following requirements to obtain funds from the Pool of Funds.

Age

Eligible children are covered from birth through 20 years of age, terminating at the 21st birthday.

Residency Requirements

Use of the Pool of Funds is based on the residence of the child. Eligible children must be Virginia residents with proof of residency. A post office box in Virginia does not establish residency. Examples of verification of residency are Virginia motor vehicle registration, Virginia driver's license, proof of payment of Virginia state income taxes, proof of enrollment in a local school, or a lease or utility bill in the name of the applicant or child's parent/legal guardian. The regional pool of funds used is based on the child's place of residence.

Documented (Immigrant visa for permanent residency and nonimmigrant visa for refugee or asylee) and undocumented persons are eligible for services if they are Virginia residents. Persons on temporary visas (Nonimmigrant visa for business, student, pleasure, or medical treatment) are not eligible for services unless they have written documentation from U.S. Citizenship and Immigration Services (USCIS) that they have applied for permanent residency. Verification of immigration status may be requested. Examples of verification include visa, passport, or paperwork that allowed the child to enter the country from the USCIS. See additional information at http://uscis.gov/graphics/services/visas.htm

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Financial Requirements

The Pool of Funds program is designed for families with gross family income at or below 300% of the Federal Poverty Level (FPL) based on the Virginia Department of Health's <u>Regulations</u> Governing Financial Eligibility for Services (12 VAC 5-200).

Health Insurance

The program covers children without health insurance, and children with health insurance that may not cover all of their medical expenses (underinsured). The Pool of Funds, however, is considered the payer of last resort. Therefore, all attempts to obtain health insurance will be made by the Care Connection for Children (Center) before a child is eligible for Pool of Funds.

For children with no health insurance, the child and family must be screened for state and federal medical assistance programs including Medicaid, FAMIS, and Supplemental Security Income.

The Pool of Funds cannot be accessed until the appropriate applications have been processed for acceptance or denial.

Underinsured

Underinsured children with private (non-Medicaid) insurance can access the Pool of Funds if their insurance does not cover medically necessary services, i.e., hearing aids, medication, equipment, etc.

If a child has Medicaid, coverage must be sought through EPSDT or the appeal process of Medicaid. Pool of Funds can only be accessed for services not reimbursable by Medicaid.

Underinsured children with insurance that has a pre-existing clause can access the Pool of Funds during the pre-existing waiting period.

Underinsured children with gross family income up to 300% of FPL, at the time of application, may request use of the Pool of Funds if (1) the family has exhausted its insurance appeal process or (2) a major life event (loss of employment, legal marital separation, death of a spouse, etc.) has affected the family's ability to pay out-of-pocket medical expenses.

Limitations of the Pool of Funds

The Pool of Funds consists of a limited amount of grant funds that may be replenished annually. The Center reserves the right to deny access to the Pool of Funds for an otherwise eligible child if the funds are depleted.

Medical Review Panel

The Medical Review Panel consists of the medical and program directors from each Care Connection for Children center. When a center desires input from other CCC centers on a client request not covered by the CSHCN Pool of Funds Guidelines, it can canvas all centers. Send a description of the situation to all six centers plus the VDH CSHCN Director for their input on whether to cover the item. Once the decision is made, the center is to inform all CCC centers and the VDH CSHCN Director.

Appeal Process

If a request for assistance from the Pool of Funds is denied and the Center appeal process is exhausted, the family may appeal the decision in writing to the Director of the Children with Special Health Care Needs Program at the Virginia Department of Health (VDH). The final decision will be made by the Care Connection for Children Inter-Center Work Group, consisting of representation from each Center and VDH. The Work Group will seek advice from the VDH Adjudication Officer in the Office of Family Health Services in cases where it is deemed necessary. The Adjudication Officer's decision is final and binding.

Policies

- 1. The child shall be deemed eligible for the Pool of Funds once:
 - a. The family has completed a financial and insurance eligibility application;
 - b. The Care Connection for Children (Center) has determined that the family has exhausted insurance and other sources of payment for the child's care; and
 - c. The Center has approved the application and issued approvals to the family, the vendor of the service, and the child's primary and specialty physicians.
- 2. Once deemed eligible, the financial and insurance status of the child shall be checked each time the family seeks access to the Pool of Funds to verify that there have been no changes in income or insurance benefits. A new financial and insurance eligibility application shall be completed at least every twelve months. All eligibility information shall be documented in the client's file.
- 3. Authorization by the Center shall be required **PRIOR** to the commencement of all covered services. Preauthorization shall not be required whenever a child, **who is enrolled as a participant in the CSHCN Pool of Funds,** requires emergency hospitalization for an acute exacerbation or complication of their covered condition. The family must notify the Center within seven (7) calendar days of the hospital admission.
- 4. Payment for retrospective services shall **NOT** be approved.
- 5. Services needed urgently can be initiated without full completion of the application process at the Manager of the Center's discretion. If the child is found not eligible, the urgent/emergent treatment service shall be paid from the Pool of Funds, but the family is to be notified that the Center shall not authorize future services until there is a change in their eligibility status.
- 6. A prescription or written request for the services shall be required from the specialty or primary care physician.
- 7. Services shall be obtained from a vendor with a contract with the Center/VDH who has credentials and licensure to provide the needed services and who agrees to accept the payment as payment in full and not to pursue balances from the child's family.
- 8. Verification, i.e., hospital discharge summary and report of services, of the child's receipt of the authorized service shall be completed and documented before the vendor is paid.

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- 9. Reimbursement to the vendor shall be no more than at the Medicaid fee-for-service rate of reimbursement for the specific service.
- 10. The Pool of Funds shall be documented payer of the last resort.
- 11. The Care Connection for Children Inter-Center Work Group, with representation from each Center and VDH, will review the policies and procedures at least every twelve months.

Local Health Department's Role

- 1. Case finding.
- 2. Facilitating child's receipt of medication. Current practice of the Care Connection for Children Centers is that once the prescription is set up by the Center, it is valid for one year with a three-month supply per refill. After initiation of the order, the Local Health Department or family can reorder medication from the Center. Once the Center has confirmed that there are no changes in the child's health care coverage or income, the Center will contact the VDH pharmacy. The medications will be mailed to the Local Health Department or to the Center for the family to obtain. Once the family has obtained the medications, the Local Health Department will send to the Center a copy of the VDH prescription (LHS-181) that was attached to the medications upon delivery. The date the family obtained the medications is to be recorded on the prescription. If the family paid for any or all of the medications, the amount paid is also to be recorded. If the family does not obtain the medications within 90 days of receipt by the Local Health Department, the Local Health Department is to return it to the VDH pharmacy and notify the Center of the action.
- 3. Working with the Center to ensure patient compliance.
- 4. Care coordination in conjunction with the Center.